



Travanse LivingTM at Wheaton

Life. *Uplifted.*





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No matter where you are in life's journey, home is meant to be a place of comfort and enjoyment. Travanse Living at Wheaton offers you or your loved ones a beautiful blend of privacy, safety, security and community to create a warm and familiar environment.

Our Assisted Living program is designed to help you live a vibrant life by connecting with the people and the community around you. We are available to help with tasks such as cleaning, laundry and activities of daily living. We strive to give our residents the best care possible in an enjoyable, welcoming atmosphere.

We believe deeply in providing personalized and tailored care for each of our residents. This is especially true for our residents who are living with any type of cognitive impairments. Therefore, we have created Generations Memory Care for our community.

MANAGED BY



INTEGRAL SENIOR LIVING



Living a vibrant life at any age is a life worth living. At Travarse Living at Wheaton, residents take part in a special experience called Vibrant Life®. The program is an innovative approach designed to enhance and enrich our residents' lives with well-rounded and meaningful experiences.

Thoughtfully designed to connect you with family, friends and the community, our Vibrant Life® program truly inspires, challenges – even dares you to be adventurous.

With a host of optional outings, you create your own schedule based on your interests, preferences, routines and abilities. Whether it is a morning walk, a yoga class, a trip to local attractions or a dance with entertainment provided by local musicians, we make it easy to live a vibrant life.

THE SEVEN MAIN ELEMENTS TO LIVING A VIBRANT LIFE®



BE INSPIRED

Gain a deeper sense of spirituality and feed the soul!



BE WELL

Intellectual stimulation, get moving and stay active!



BE CHALLENGED

Ignite competitive spirit, learn, grow and be motivated!



BE ADVENTUROUS

Try something new every day, explore and experience the unique!



BE FAMILY

Cherish family connections, share and continue family traditions!



BE SOCIAL

Embrace friendships, celebrate the moments, talk, laugh and listen!



BE CONNECTED

Engage in meaningful community involvement, share experiences and expertise!





TRAVANSE LIVING AT WHEATON IS PLEASED TO OFFER THE ELEVATE® DINING EXPERIENCE

Travanse Living at Wheaton is pleased to offer the Elevate® dining experience, which turns meals into culinary celebrations inspiring engagement for our residents, families and friends. Our goal is to create meaningful connections through the dining experience. A meal is deeply personal, and sharing meals connects cultures, ethnicities and people of all ages. Elevate® aims to honor our residents' journeys through life by highlighting signature recipes, to find ways to use food to give back to the community and to break the bonds of traditional culinary programs.

Our approach to transforming the dining experience, unlike any other, is to celebrate, engage and elevate resident meals to be much more than simply a placeholder three times a day. Our signature experience addresses not only residents' palates, but their desire for purpose, growth and opportunities, recognition of a lifetime of memories, and the occasions to showcase their contributions to the lives of others through their own culinary signature items.



By providing these opportunities, we strive to utilize the passion and creativity of our culinary team to craft food that not only feeds the body but also nourishes the soul.

- A restaurant-inspired dining experience
- A chef-created menu that focuses on resident and regional favorites
- "Food for Thought" meetings that promote open communication between the residents and the culinary team to enhance the community's dining experience



An example of our Anytime Menu is below, but we have many more options available at our community. Visit us to learn more about our specialized menu options!

BREAKFAST

Biscuits and Gravy

LUNCH

Seared Lemon Pepper Tilapia with Tartar Sauce

OR

Roasted Chicken Thigh with Wine Demi

Vegetable Blend

Orzo Pasta Salad

Soup

Chili

Desserts

Cheesecake

Sugar-Free Apple Pie

DINNER

Entrées

Sliced Roast Beef with Gravy

Red Potatoes

Glazed Carrots

ALL-DAY MENU

Available from 7a.m.–7p.m.

From the Deli

Classic BLT: Bacon, Lettuce and Tomato Served on Texas Toast

Deli Selection of the Week

Ham and Cheese Sandwich: Served Plain, Grilled or Toasted

Soup of the Day

Light Options

Classic Chef Salad: Iceberg Lettuce, Diced Ham, Tomato, Onion, Boiled Egg, Cucumber and Cheddar Jack Cheese; Add Grilled Chicken or Fish

Cottage Cheese and Fruit Plate

Side Items

French Fries • Sweet Potato Fries

Fruit Cup • Side Salad

Chef's Vegetable of the Day
Grilled Onions

Classic Hamburger or Cheeseburger: Served with Lettuce, Tomato, Pickle and Onion

All-Beef Hot Dog: Nearly a Quarter Pound of the American Classic

Travanse Chicken Philly: Diced Chicken Sautéed with Onions and Bacon; Topped with Cheese on a Small Hoagie Roll with Lettuce, Tomato and Pickle

Seared Catch of the Day: Lightly Seasoned Fish Filet Served with Tartar Sauce and Lemon

Fried Fish Sandwich

Chicken Tenders Served with Barbecue or Ranch Dipping Sauce

Travanse Country Pork Chop



COST COMPARISON WORKSHEET

If you thought the cost of moving into a senior living community was out of reach, you might be surprised at how reasonable it is compared to your current expenses of just staying at home. See how reasonable Travase Living at Wheaton can be by comparing your expenses below.



EXPENSE	STAYING AT HOME	TRAVASE
Mortgage / Rent / Homeowners' Association Fees	\$	\$
Real Estate / Property Taxes	\$	\$ INCLUDED
Insurance	\$	\$ INCLUDED
Electricity	\$	\$ INCLUDED
Water / Sewer	\$	\$ INCLUDED
Gas / Heating	\$	\$ INCLUDED
Trash / Waste Removal Service	\$	\$ INCLUDED
Lawn Care / Landscaping / Yard Maintenance	\$	\$ INCLUDED
Interior Home Maintenance	\$	\$ INCLUDED
Exterior Home Maintenance	\$	\$ INCLUDED
Housekeeping / Laundry Service	\$	\$ INCLUDED
Pest Control	\$	\$ INCLUDED
Automobile / Fuel / Insurance / Maintenance	\$	\$ INCLUDED
Groceries / Dining Out / Gratuities	\$	\$ INCLUDED
Social / Cultural Events / Entertainment	\$	\$ INCLUDED
Security System / Fire Protection	\$	\$ INCLUDED
In-Home Caregivers / Assistance Support	\$	\$ INCLUDED
Personal Emergency Response System	\$	\$ INCLUDED
Transportation	\$	\$ INCLUDED
TOTAL	\$	\$



FEATURES & BENEFITS

GENERATIONS MEMORY CARE

SCHEDULE OF FEES

FLOOR PLANS

WELCOME TO TRAVANSE LIVING AT WHEATON

Thank you for considering Travanse Living at Wheaton as you, a family member or a loved one is ready to experience life's next chapter. Helping our residents experience life is what we do best. Travanse Living at Wheaton is located in Wheaton, Illinois.

Operated by Integral Senior Living, our senior community has an exceptional atmosphere and personality all its own. We provide a truly special living experience by seamlessly blending the comforts of a custom-built home with the convenience of additional services tailored to meet each individual's needs.



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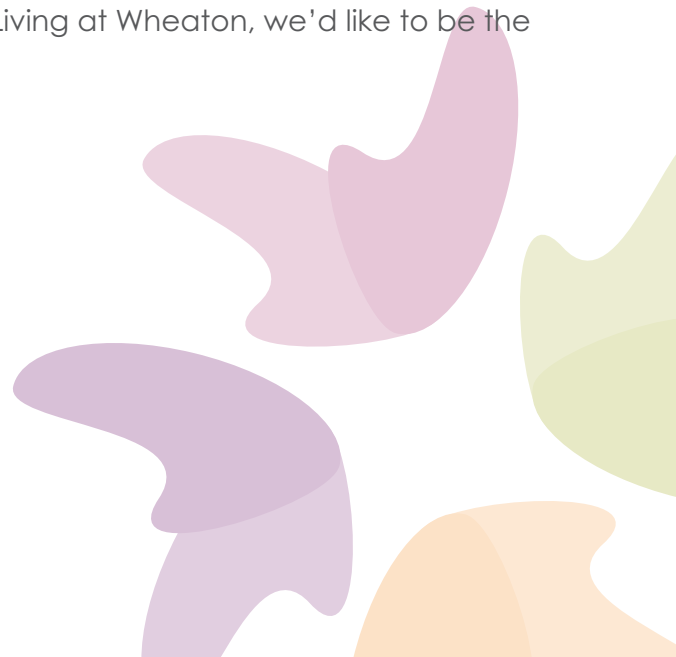
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At Travanse Living at Wheaton, our personalized activities, services and amenities enhance quality of life and allow our residents to focus on filling each day with friends and memories. From the entire family at Travanse Living at Wheaton, we'd like to be the first to say Welcome Home!

Sincerely,

Executive Director



FLOOR PLANS

Travanse Living at Wheaton is pleased to offer different floor plan options to suit your needs. Please call us to find out more about our pricing and what we have in place to further assist you in your decision to make Travanse Living at Wheaton your home.

ASSISTED LIVING FLOOR PLANS

STUDIO CRESCENT



ONE-BEDROOM WILLOW



ONE-BEDROOM ROOSEVELT



Additional floor plans on reverse side.

FLOOR PLANS

ASSISTED LIVING FLOOR PLANS

ONE-BEDROOM PRAIRIE

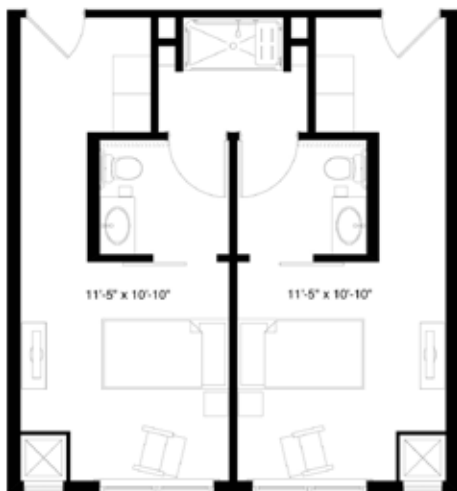


ONE-BEDROOM PARKSIDE



MEMORY CARE FLOOR PLANS

COMPANION SUITE HAWTHORNE



PRIVATE SUITE LIBERTY



SCHEDULE OF FEES

TRAVANSE LIVING AT WHEATON ASSISTED LIVING AND GENERATIONS MEMORY CARE ALL-INCLUSIVE* RATES

ASSISTED LIVING**

Studio Apartment.....Starting at \$ _____

One-Bedroom ApartmentStarting at \$ _____

Assisted Living RespiteStarting at \$ _____

GENERATIONS MEMORY CARE BASIC RATES**

Companion Suite ApartmentStarting at \$ _____

Private Suite ApartmentStarting at \$ _____

Second Person FeeStarting at \$ _____

Memory Care RespiteStarting at \$ _____

COMMUNITY FEE

Community Fee..... \$ _____

A one-time fee that applies to an in-depth wellness evaluation, coordination of all necessary admission paperwork, medication review and administrative fees.

PERSONAL CARE PROGRAM

All residents are provided a personal care program based on their actual needs. The community will continue to monitor residents' needs and periodically re-assess the services being provided.

**ALL-INCLUSIVE means up-front pricing with no surprise charges. This includes all of the features and benefits that the community offers at no additional charge and no charges for care fees with the exception of the costs of salon fees and some outside events.*

***Rates include the room rental, three meals a day plus snacks throughout the day, weekly housekeeping and laundry services, alert call system, transportation, utilities (except phone), Wi-Fi and basic cable, and our innovative Vibrant Life® program.*

GENERATIONS MEMORY CARE

UNPARALLELED CARE

Generations Memory Care follows the philosophy of a person-centric culture where one is a whole person first, the person they were and still are, and not identified by their disease or behaviors. We strive to celebrate and highlight the abilities of those we serve.

TRAVANSE LIVING AT WHEATON CARE PARTNERS

As a community with Generations Memory Care, we require our staff, known as care partners, to complete extensive certified training to better support residents living with memory loss. We emphasize techniques, teachable moments and meaningful engagement that lead to our care partners' making connections with each individual. Our care partners undergo extensive training in this process when hired and are required to attend additional education sessions throughout the year.

SIGNATURE ELEMENTS THAT MAKE UP GENERATIONS MEMORY CARE

LIFE STORY DISPLAY

Honoring the
"Story of a Lifetime"

TUNE INTO ME

Creating a personalized jukebox

CULINARY CREATIONS

Preparing recipes from the past

FROM OUR GENERATION TO YOURS

Intergenerational programming

NEVER STOP EXPLORING

Connecting with the local community

IT'S ALL RIGHT

Highlighting the individuality and
creativity of each person

GENERATIONS NEIGHBORHOOD AMENITIES

At Travanse Living at Wheaton, our GENERATIONS Memory Care residents enjoy an abundance of amenities available to them.

- Beauty salon
 - Spacious and bright living spaces
 - Country kitchen with dining room
 - Monarch Room, a multisensory environment designed specifically for those with memory loss
 - Weekly housekeeping and laundry service
 - Music, art and pet therapy, which may assist with decreasing agitation
 - Private dining for family and friends
 - Outdoor terraces
- 

FEATURES & BENEFITS

Travanse Living at Wheaton offers beautiful apartment homes, where residents enjoy an abundance of thoughtful and considerate amenities. From an on-site salon, where you can get the pampering you deserve, to multiple common spaces available for socializing and entertaining, the entire community is your home!

- Spacious apartments – we offer one-bedroom options and studios with their own private bathroom.
- Scheduled local transportation – get around town safely and conveniently.
- Weekly housekeeping and laundry service – we take care of the cleaning, so you can enjoy life.
- Resident-centric care tailored to your specific needs – your individual experience is our No. 1 priority.
- Caring, passionate staff available around the clock – peace of mind knowing that someone is always close by.
- Emergency response system – we take your safety very seriously.
- Lavish, resident-inspired social calendar featuring leisure, educational and social activities through our Vibrant Life® program – Be Vibrant. Be You.
- Casual, restaurant-style dining for residents, staff and guests – balanced and nutritious cuisine.
- Beauty salon and spa – no need to venture far for beauty and personal care.
- Fitness center/therapy gym – well-equipped for all levels with something for everyone.
- Multipurpose rooms – space to accommodate any of your activities.
- Pet-friendly – furry friends are welcome (limited sizes).



FEATURES & BENEFITS

What makes Travanse Living at Wheaton different?

LOCATION

Travanse Living at Wheaton is a senior living community offering an active and engaged lifestyle to seniors with supportive care. Residents enjoy beautifully appointed apartments, a calendar full of activities and outings, an award-winning dining program, and much more.

OUR COMMUNITY

Our warm and active senior living community offers top-of-the-line accommodations and services for assisted living and memory care. Our apartments are equipped with emergency call systems, so you are never far from helping hands. Our assisted living team members are available 24 hours a day in case you need any assistance.

PHILOSOPHY OF CARE

Travanse Living at Wheaton was founded on a care philosophy designed to foster dignity and respect for residents and promotes their independence, interests and individuality. We recognize that seniors never stop growing and learning. By promoting a life of vigor through activities and events focused on personal health and growth, our residents lead balanced and fulfilling lives.

STAFF

We are proudly represented by the best care team members in the area, who adhere to the highest quality standards through continued monthly training. Our Resident Care director creates individualized care and medication management plans and follows through with our residents' health providers. We truly want to partner with our residents and their family members in order to provide the very best care possible.

