

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>March cont'd</b> <b>31</b></p> <p>10:15 ☆ Prayer &amp; Peace 10:45 ♥ Better Balance 11:15 🍃 Group Snake Eyes 1:30 🎵 Joyful Noise Hymn Songs 2:30 🎲 Bingo 3:30 ♥ Read &amp; Share a Story 4:15 ♥ Stroll &amp; Roll 6:30 🎵 Sing A long Songs</p>	<p><b>Travanse Living</b> at Wheaton <i>Life. Uplifted.</i></p> <p><b>Location Keys</b> Blue Room BR Green Room GR The Center C Van ride V ride theater T</p>	<p><b>Be Adventurous</b> <b>Be Challenged</b> <b>Be Connected</b> <b>Be Family</b> <b>Be Inspired</b> <b>Be Social</b> <b>Be Well</b></p>	<p><b>Resident Birthdays</b> Joan S. 3/1 Harry S. 3/1 Elmer W. 3/3 Pauline B. 3/4 Jean D. 3/26</p>	<p><b>1</b></p> <p>9:30 ☆ Travanse Inspires Shelter Blankets 10:15 ♥ History of Jazz [GR] 11:15 ♥ <b>Exercise with Legacy</b> 1:30 ☆ Color Me Calm &amp; Aromatherapy 1:30 🍃 Green House Gardening Club 2:00 🎤 <b>Wheaton Bible Preschool with Linda Michel - Director</b> 3:30 ☆ Karaoke: Resident Choice 3:30 🍃 Scenic Drive and Frosties [V] 6:15 🎵 Movie Night &amp; Games [BR]</p>	<p><b>2</b></p> <p>10:15 ♥ *Sit &amp; Fit, and Tone 11:00 ♥ Reading Group: Resident Choice Material 11:30 🍃 Finish the Rhyme 1:30 ♥ Sing Along [C] 2:30 🎲 Ball and Bean Bag Toss Games: Resident Choice 3:15 ☆ A Movie: Resident Choice &amp; Nail Care, Hand Care 4:15 ♥ Guided Meditation, Color for Calm &amp; Music 6:15 🎵 Classic TV Shows &amp; Reminisce</p>	
<p><b>3</b></p> <p>10:15 ☆ Prayer &amp; Peace 10:45 ♥ Better Balance 11:15 ❄️ Snowman 1:30 🎵 Joyful Noise Hymn Songs 2:30 🎱 Balloon Volley Ball: Team Play 3:30 ♥ Read &amp; Share a Story 4:15 ♥ Stroll &amp; Roll 6:30 🎵 Sing A long Songs</p>	<p><b>4</b></p> <p>9:30 ♥ Reminisce, Thinking Matters, News &amp; Views 10:30 ☆ *Gen-narrations: "Picture a Story" 11:15 ♥ <b>Exercise with Legacy</b> 1:30 ☆ Culinary Creations: Puto - Steamed Rice Cake 2:15 🎵 Coffee, Tea &amp; Cocoa; Welcome Social [BR] 3:00 ☆ *Expressive Design: Tile Art [BR] 4:00 📱 Technology Class: Using a Tablet or Your Phone 6:30 ☆ Color Me Calm, Aromatherapy &amp; Hand Massage</p>	<p><b>5</b></p> <p><b>Doctor Drives 9am-3pm (sign up)</b> <b>Mardi Gras</b> <b>Scenic Drive &amp; Historic Adventure</b> 9:30 ♥ "Thinking Matters" 10:15 ♥ *Chair Chi [BR] 11:00 ☆ Creative Crafters: Table Vases 1:30 ☆ Culinary Creations: Avacado Banana Smoothies 2:15 🎵 Mardi Gras Social 3:00 ☆ Expressive Design: Window Beads 3:00 🎵 Men's Club: Movie Day! [BR] 4:00 🎲 Womans Club: Game Day! [GR] 6:30 ♥ Evening Stretch: Body and Mind</p>	<p><b>6</b></p> <p>9:30 ☆ Journey of Faith &amp; What's in a Name 10:00 ☆ Worship Service w/ Deacon Dan - Ash Wednesday 10:15 ☆ *Gen-narrations: "Picture a Story" 11:15 ♥ <b>Exercise with Legacy</b> 1:30 ☆ Artist in Season: Monet &amp; Painting 2:30 🎲 Kings in the Corner: Card Game 3:15 🎵 Watercolor - 4 Leaf Clover 4:00 🎲 Parachute Rising and Noodle Crazy! 6:30 ♥ Healthy Hands, Jigsaw Puzzles, Aromatherapy &amp; Music</p>	<p><b>7</b></p> <p>9:30 ♥ Thinking Matters, News &amp; Views 10:15 ♥ *Fine Motor and Hand Strengthening Exercise 11:00 ♥ "Travel in History" and Nail Care 1:30 ☆ Culinary Creations: Cheese and Crackers 2:30 🎵 Culinary Creations Happy Hour 3:00 ☆ Generations Resident Council 3:30 ♥ Fill-Ins and Word Web 4:00 ♥ *Raise The Curtain 6:30 🎲 Active Games: Resident Choice</p>	<p><b>8</b></p> <p>9:30 🎱 Balloon Badminton &amp; Word Games 10:45 ☆ *Gen-narrations 11:15 ♥ <b>Exercise with Legacy</b> 1:30 ☆ Color Me Calm 1:30 📺 <b>DuPage Art League Museum and Gallery [V]</b> 1:30 🍃 Green House Gardening Club 2:00 ♥ Artists of the 20th Century &amp; Nail Care 3:00 🎲 Tic Tac Across: Bean Bag Toss 3:30 🎵 Karaoke 3:30 📺 Outward Bound: Travelogue [BR] 6:15 🎵 Movie Night &amp; Games [BR]</p>	<p><b>9</b></p> <p>10:15 ♥ *Sit &amp; Fit, and Tone 11:00 ♥ Finish the Nursery Rhyme 11:30 ♥ Good News &amp; Views: Tablet Technology 1:30 ♥ Sing Along [C] 2:30 🎲 Bowling 3:15 🎵 A Movie: Musical &amp; Nail Care, Hand Care 4:15 ♥ Guided Meditation, Color for Calm &amp; Music 6:15 🎵 Classic TV Shows &amp; Reminisce</p>
<p><b>Daylight Saving Time Begins</b> <b>10</b></p> <p>10:15 ☆ Prayer &amp; Peace 10:45 ♥ Better Balance 11:30 🎲 Boggle: Game 1:30 🎵 Joyful Noise Hymn Songs 2:30 ☆ Group Puzzles 3:30 ♥ Read &amp; Share a Story 4:15 ♥ Stroll &amp; Roll 6:30 🎵 Sing A long Songs</p>	<p><b>11</b></p> <p>9:30 ♥ Reminisce, Thinking Matters, News &amp; Views 10:15 🎤 *Gen-narrations: "Picture a Story" 11:15 ♥ <b>Exercise with Legacy</b> 1:30 ♥ Culinary Creations: Apple Pie Parfait 2:00 🎵 <b>March 11th Terry Wohl - Birthday Party</b> 3:15 🎵 Culinary Creations: Social [BR] 3:30 ☆ Expressive Design: Spring Flowers 4:15 🎲 Yahtzee 6:30 🎵 <b>2nd Baptist Church of Wheaton Sing Along [C]</b> 6:30 ☆ Color Me Calm, Aromatherapy &amp; Hand Massage</p>	<p><b>12</b></p> <p><b>Doctor Drives 9am-3pm (sign up)</b> <b>Scenic Drive &amp; Historic Adventure</b> 9:30 🎲 "Be Mime" Charades 10:15 ♥ Stretch &amp; Fit 11:00 ☆ Creative Crafters: Clay Coil Designs 1:30 🎲 Bingo 2:30 ☆ Expressive Design: Stain Glass Art 3:30 ♥ Word Ladder 4:00 🎲 Bowling 6:30 ♥ Evening Stretch: Body and Mind</p>	<p><b>Joan McKune</b> <b>13</b></p> <p>9:30 📺 <b>FermiLab Tour [V]</b> 9:30 ☆ Journey of Faith 10:15 ☆ *Gen-narrations: "Picture a Story" 11:15 ♥ <b>Exercise with Legacy</b> 1:30 🎵 Culinary Creations: Potatoes O' Ron 2:30 🎵 Culinary Creations Social 3:15 ☆ Scrapbooking Cards 4:00 🎲 Parachute Rising 4:00 📺 Travelogue: Japan 6:30 ♥ Healthy Hands, Jigsaw Puzzles, Aromatherapy &amp; Music</p>	<p><b>14</b></p> <p>9:30 ♥ Scrabbling for Words 10:15 ☆ Creative Crafters: Shamrock Door Decoration 11:15 ♥ *Chair Yoga [GR] 1:30 ☆ Culinary Creations: Farina Torte 3:00 🎵 Culinary Creations Happy Hour 3:30 ☆ Poet's Corner: Share a Poem &amp; Create a Poem 4:15 ♥ Water Color Pencil Art Cards 6:30 🎲 Active Games: Resident Choice</p>	<p><b>15</b></p> <p>9:30 🎤 *Gen-narrations 10:15 🎱 Putting Around "Golf" 11:15 ♥ <b>Exercise with Legacy</b> 1:30 ☆ Color Me Calm 1:30 📺 <b>DuPage Art &amp; Glass Gallery [V]</b> 1:30 🍃 Green House Gardening Club 2:15 ♥ A History in Art &amp; Nail Care: Hand Care 3:30 🎵 Karaoke: Resident Choice 3:30 ♥ Outward Bound: Travelogue [BR] 6:15 🎵 Movie Night &amp; Games [BR]</p>	<p><b>16</b></p> <p>10:15 ♥ *Sit &amp; Fit, and Tone 11:00 ♥ Name 10 11:30 ♥ Good News &amp; Views: Tablet Technology 1:30 ♥ Sing Along [C] 2:30 🎲 BINGO 3:15 ♥ A Historical Movie: Resident Choice &amp; Nail Care 4:15 ♥ Guided Meditation, Color for Calm &amp; Music 6:15 🎵 Classic TV Shows &amp; Reminisce</p>
<p><b>St. Patrick's Day</b> <b>17</b></p> <p>10:15 ☆ Prayer &amp; Peace 10:45 ♥ Better Balance 11:15 🍃 "What's in the Bag" 1:30 🎵 Joyful Noise Hymn Songs 2:30 🎵 St. Patrick's Day Social 3:30 ♥ Read &amp; Share a Story 4:15 ♥ Stroll &amp; Roll 6:30 🎵 Sing A long Songs</p>	<p><b>18</b></p> <p>9:30 ♥ Reminisce, Thinking Matters, News &amp; Views 10:15 ☆ *Gen-narrations: "Picture a Story" 11:15 ♥ <b>Exercise with Legacy</b> 1:30 ♥ Culinary Creations: Fruit Kabobs 2:30 🎵 Coffee, Tea &amp; Cocoa; Reminisce, News &amp; Views [BR] 3:30 ☆ Expressive Design: Painting Clay Creation Painting 4:15 📱 Technology Class: Using a Tablet or Your Phone 6:30 ♥ Hand Massage &amp; Aromatherapy</p>	<p><b>19</b></p> <p><b>Doctor Drives 9am-3pm (sign up)</b> <b>Scenic Drive &amp; Historic Adventure</b> 9:30 ♥ Finish the Proverb and Jeopardy 10:15 ♥ *Chair Chi [BR] 11:00 ☆ Creative Crafters: Carpet Turtle 1:30 🎲 Bocce Ball 2:00 ☆ <b>Steve Accardo</b> 3:15 ♥ Word Web 4:00 ♥ Men's Club: Putting - Golf 6:30 ♥ Evening Stretch: Body and Mind 7:00 🎲 Family Night: The Elizabethans</p>	<p><b>20</b></p> <p>9:30 ☆ Journey of Faith 10:15 ☆ *Gen-narrations: "Picture a Story" 11:15 ♥ <b>Exercise with Legacy</b> 12:00 📺 <b>Celebrations Restaurant (LL)</b> 1:30 🎵 Culinary Creations: Barm Brack - Raisin Bread 1:30 🎲 Puzzling Puzzles &amp; Color me Calm 2:30 🎵 Culinary Creations Social 3:00 ☆ Step Painting: Rabbit Painting 4:00 ☆ Step Painting Continued: Rabbit Painting 6:30 ♥ Healthy Hands, Jigsaw Puzzles, Aromatherapy &amp; Music</p>	<p><b>21</b></p> <p>9:30 ♥ Homonyms for Words 10:15 ♥ *Fine Motor and Strengthening Exercise 11:15 ☆ Creative Crafters: Rabbits 1:30 ☆ Culinary Creations: Crackers and Benedictine Dip 2:30 🎵 Culinary Creations Happy Hour 3:15 🎲 Coloring for Calm &amp; Puzzling Puzzles 3:15 🎤 <b>Prayer &amp; Praise Home School Group</b> 4:00 ♥ *Raise The Curtain 6:30 🎲 Active Games: Resident Choice</p>	<p><b>22</b></p> <p>9:30 🎱 Finish the Phrase &amp; Jeopardy 10:15 ☆ *Gen-narrations 11:15 ♥ <b>Exercise with Legacy</b> 1:30 📺 <b>"Out On A Whim" Pottery [V]</b> 1:30 ☆ Color Me Calm 1:30 🍃 Green House Gardening Club 2:00 ☆ Color Me Calm &amp; Aromatherapy 2:15 ♥ Travelogue &amp; Nail Care: Hand Care 3:30 ♥ A Travel Through History [BR] 3:30 🎵 Karaoke: Resident Choice 6:15 🎵 Movie Night &amp; Games [BR]</p>	<p><b>23</b></p> <p>10:15 ♥ *Sit &amp; Fit, and Tone 11:00 🎲 Reminisce the Trivia 11:30 ♥ Good News &amp; Views: Tablet Technology 1:30 ♥ Sing Along [C] 2:30 🎲 <b>FAMILY DAY: Ice Cream Social and Sagely Intro</b> 3:00 ☆ Hand Care; Music All Around 4:15 🎲 Ball and Bean Bag Toss Games: Resident Choice 4:15 ♥ Guided Meditation, Color for Calm &amp; Music 6:15 🎵 Classic TV Shows &amp; Reminisce</p>
<p><b>24</b></p> <p>10:15 ☆ Prayer &amp; Peace 10:45 ♥ Better Balance 11:15 🎲 Group Word Search 1:30 🎵 Joyful Noise Hymn Songs 2:30 🎲 Resident Choice Game 3:30 ♥ Read &amp; Share a Poem 4:15 ♥ Stroll &amp; Roll 6:30 🎵 Sing A long Songs</p>	<p><b>25</b></p> <p>9:30 ♥ Reminisce, Thinking Matters, News &amp; Views 10:30 ☆ *Gen-narrations: "Picture a Story" 11:15 ♥ <b>Exercise with Legacy</b> 1:30 ☆ Coloring Mandelas 1:30 🎲 Culinary Creations for P.A.D.s: Cookies 2:30 🎵 Coffee, Tea &amp; Cocoa; Reminisce, News &amp; Views [BR] 3:15 🎲 Group Crossword 4:00 ☆ Water Color: Egg Painting 6:30 ♥ Hand Massage &amp; Aromatherapy</p>	<p><b>26</b></p> <p><b>Doctor Drives 9am-3pm (sign up)</b> <b>Scenic Drive &amp; Historic Adventure</b> 9:30 ♥ "Scrabbling for Words" Sack 10:00 ☆ Catholic communion service [T] 10:15 ♥ Stretch &amp; Fit 11:15 ☆ Creative Crafters: Paper Mold Ball 1:30 🎲 Hoops: Interactive Games 2:15 🎲 Crazy Eights Card Game 3:30 📺 "Science Never Gets Old" 3:30 🎲 A "Musical" Movie Day! 6:30 ♥ Evening Stretch: Body and Mind</p>	<p><b>27</b></p> <p>9:30 ☆ Journey of Faith 10:15 ☆ *Gen-narrations: "Picture a Story" 11:15 ♥ <b>Exercise with Legacy</b> 1:30 🎵 Culinary Creations: Deviled Eggs 2:30 🎵 Culinary Creation Social 3:30 ☆ Creative Crafters: Flower Vases 4:00 🎲 Sensation: Planting Seedlings 6:30 ♥ Healthy Hands, Jigsaw Puzzles, Aromatherapy &amp; Music</p>	<p><b>28</b></p> <p>9:30 ♥ Fill-In: Word game 10:00 📺 Art &amp; Culture; Nail and Hand Care 10:00 ☆ Color Pencil Designs 10:00 🎲 <b>Furry Friends: Bella/Joe &amp; Mickey/John</b> 11:00 ♥ *Chair Yoga [GR] 1:30 ♥ Culinary Creations: Peanut Butter Oatmeal Cookies 2:30 🎵 Culinary Creations Happy Hour 3:00 ☆ Expressive Design: Mosaic Art 4:00 ♥ Poet's Corner: Share a Poem &amp; Create a Poem 6:30 🎲 Active Games: Resident Choice</p>	<p><b>29</b></p> <p>9:30 ☆ *Gen-narrations 10:15 ♥ Travelogue &amp; Nail Care: Hand Care 11:15 ♥ <b>Exercise with Legacy</b> 1:30 ☆ Color Me Calm 1:30 🍃 Green House Gardening Club 2:00 🎲 "Hit Your Target" 2:00 ☆ Color Me Calm &amp; Aromatherapy 2:00 🎲 <b>Culver's Ice Cream Trip [V]</b> 3:30 ♥ A Travel Through History [BR] 3:30 🎵 Karaoke: Resident Choice 6:15 🎵 Movie Night &amp; Games [BR]</p>	<p><b>30</b></p> <p>10:15 ♥ *Sit &amp; Fit, and Tone 11:00 🎲 Rhyme with Me 11:30 ♥ Good News &amp; Views: Tablet Technology 1:30 ♥ Sing Along [C] 2:30 🎲 Table Game: Resident Choice 3:15 ☆ Nail Care, Hand Care &amp; Chicken Soup For the Soul Video 4:15 ♥ Guided Meditation, Color for Calm &amp; Music 6:15 🎵 Classic TV Shows &amp; Reminisce</p>

Continued at top

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>March cont'd</p> <p>31</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Musical matinee PM 🏠 Velcro darts PM 🎧 Beauty time PM 🎧 Meditating with music</p>	<p>📷 Be Adventurous</p> <p>🏠 Be Challenged</p> <p>🗨 Be Connected</p> <p>👨 Be Family</p> <p>★ Be Inspired</p> <p>👨 Be Social</p> <p>♥ Be Well</p> <p>“What good is the warmth of summer, without the cold of winter to give it sweetness.” – John Steinbeck</p>	<p>Resident Birthdays</p> <p>Haruye T. 3/3 Ramiro G. 3/12 Deborah C. 3/17 Diana L. 3/26</p>			<p>1</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Aromatherapy hand massage PM 🏠 Ring toss PM 📺 Afternoon adventure PM 🎧 Reading club PM 🎧 Musical wind down</p>	<p>2</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Expressive design: color me calm PM 🏠 Don't drop the ball PM ♥ fidget for fun PM 🎧 Saturday sing along PM 🎧 Short stories</p>
<p>3</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Musical matinee PM 🏠 Velcro darts PM 🎧 Beauty time PM 🎧 Meditating with music</p>	<p>4</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Blast from the past music PM 🏠 Make that match PM 📺 Sensory bin exploration PM 🏠 Don't be puzzled PM 🎧 Evening gratitude</p>	<p>5</p> <p>Happy Mardi Gras!</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Expressive design: Mardi Gras masks PM 🏠 Keep it up! PM 📺 Mardi Gras reminiscing 3:00 ☆ Culinary creations: festive fruit kabobs PM 🎧 Joyful noise PM 🎧 Musical wind down</p>	<p>6</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Expressive design: color me calm PM 🏠 Sort it out PM 📺 Move to your own beat PM 🎧 Beverage social PM 🎧 Short stories</p>	<p>7</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Expressive design: aquapaint PM 🏠 Keep it up! 2:00 ♥ Massage therapy w/ Aida PM 📺 Touch, see, smell PM 🎧 Let's reminisce PM 🎧 Meditating with music</p>	<p>8</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Aromatherapy hand massage PM 🏠 Ring toss PM 📺 Afternoon adventure PM 🎧 Reading club PM 🎧 Musical wind down</p>	<p>9</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Expressive design: color me calm PM 🏠 Don't drop the ball PM ♥ fidget for fun PM 🎧 Saturday sing along PM 🎧 Short stories</p>
<p>Daylight savings time begins</p> <p>10</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Musical matinee PM 🏠 Velcro darts PM 🎧 Beauty time PM 🎧 Meditating with music</p>	<p>11</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Blast from the past music PM 🏠 Make that match PM 📺 Sensory bin exploration PM 🏠 Don't be puzzled PM 🎧 Evening gratitude</p>	<p>12</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Expressive design: bubble fun 2:00 ☆ Culinary creations: mini pizzas PM 🏠 Keep it up! PM 📺 Weekly treasure box PM 🎧 Joyful noise PM 🎧 Musical wind down</p>	<p>13</p> <p>AM ♥ Exercise 10:30 ♥ Music therapy w/ Taffy PM ♥ Daily chronicle read-a-loud PM ☆ Expressive design: color me calm PM 🏠 Sort it out PM 📺 Move to your own beat PM 🎧 Beverage social PM 🎧 Short stories</p>	<p>14</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Expressive design: aquapaint PM 🏠 Keep it up! PM 📺 Touch, see, smell PM 🎧 Let's reminisce PM 🎧 Meditating with music</p>	<p>15</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Aromatherapy hand massage PM 🏠 Ring toss PM 📺 Afternoon adventure PM 🎧 Reading club PM 🎧 Musical wind down</p>	<p>16</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Expressive design: color me calm PM 🏠 Don't drop the ball PM ♥ fidget for fun PM 🎧 Saturday sing along PM 🎧 Short stories</p>
<p>Happy St. Patrick's Day!</p> <p>17</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud 12:00 Clover all over party! PM ☆ Musical matinee 1:30 ☆ Festive coloring pages PM 🎧 Sing along to Irish tunes PM 🏠 Keep it up! PM 🎧 Meditating with music</p>	<p>18</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Blast from the past music PM 🏠 Make that match PM 📺 Sensory bin exploration PM 🏠 Don't be puzzled PM 🎧 Evening gratitude</p>	<p>19</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Expressive design: bubble fun PM 🏠 Keep it up! PM 📺 Weekly treasure box PM 🎧 Joyful noise PM 🎧 Musical wind down</p>	<p>20</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Expressive design: color me calm PM 🏠 Sort it out PM 📺 Move to your own beat PM 🎧 Tea social w/ chocolate croissants PM 🎧 Short stories</p>	<p>21</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Expressive design: aquapaint 2:00 ☆ Culinary creations: strawberry cake PM 🏠 Keep it up! PM 📺 Touch, see, smell PM 🎧 Let's reminisce PM 🎧 Meditating with music</p>	<p>22</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Aromatherapy hand massage PM 🏠 Ring toss PM 📺 Afternoon adventure PM 🎧 Reading club PM 🎧 Musical wind down</p>	<p>23</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Expressive design: color me calm PM 🏠 Don't drop the ball PM ♥ fidget for fun PM 🎧 Saturday sing along PM 🎧 Short stories</p>
<p>24</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Musical matinee PM 🏠 Velcro darts PM 🎧 Beauty time PM 🎧 Meditating with music</p>	<p>25</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Blast from the past music PM 🏠 Make that match PM 📺 Sensory bin exploration PM 🏠 Don't be puzzled PM 🎧 Evening gratitude</p>	<p>26</p> <p>Candlelight dinner</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Expressive design: bubble fun PM 🏠 Keep it up! PM 📺 Weekly treasure box 3:00 ☆ Culinary creations: make your own nachos PM 🎧 Joyful noise PM 🎧 Musical wind down</p>	<p>27</p> <p>AM ♥ Exercise 10:30 ♥ Music therapy w/ Kathy PM ♥ Daily chronicle read-a-loud PM ☆ Expressive design: color me calm PM 🏠 Sort it out PM 📺 Move to your own beat PM 🎧 Beverage social PM 🎧 Short stories</p>	<p>28</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Expressive design: aquapaint PM 🏠 Keep it up! PM 📺 Touch, see, smell PM 🎧 Let's reminisce PM 🎧 Meditating with music</p>	<p>29</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Aromatherapy hand massage PM 🏠 Ring toss PM 📺 Afternoon adventure PM 🎧 Reading club PM 🎧 Musical wind down</p>	<p>30</p> <p>AM ♥ Exercise AM 🏠 Mental wake-up-call AM ♥ Daily chronicle read-a-loud PM ☆ Expressive design: color me calm PM 🏠 Don't drop the ball PM ♥ fidget for fun 3:00 📺 Sagebrook inspires: cookie packaging PM 🎧 Short stories</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>March cont'd</b> 31</p> <ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ I Love Lucy showing</li> <li>PM 📞 It's all right</li> <li>PM 🏆 Bowl over the competition</li> <li>PM 📞 Keep it up!</li> <li>PM 🍵 Evening tea &amp; talk</li> </ul>	<ul style="list-style-type: none"> <li>📷 Be Adventurous</li> <li>📞 Be Challenged</li> <li>📞 Be Connected</li> <li>👨‍👩‍👧‍👦 Be Family</li> <li>★ Be Inspired</li> <li>👨‍👩‍👧‍👦 Be Social</li> <li>♥ Be Well</li> </ul> <p>"What good is the warmth of summer, without the cold of winter to give it sweetness." — John Steinbeck</p>	<p><b>Resident Birthdays</b></p> <ul style="list-style-type: none"> <li>Haruye T. 3/3</li> <li>Ramiro G. 3/12</li> <li>Deborah C. 3/17</li> <li>Diana L. 3/26</li> </ul>			<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ Expressive design: Black glue painting pt. 1</li> <li>PM 📷 Ambient scenes screening</li> <li>PM 📞 Let's play cards!</li> <li>PM 🎵 Sing along</li> <li>PM 📖 Short stories</li> </ul>	<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ Gen-narrations</li> <li>PM 📞 It's all right</li> <li>PM ★ Expressive design: black glue painting pt. 2</li> <li>PM 🎲 Prize bingo</li> <li>PM 🍿 Movie &amp; popcorn</li> </ul>
<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ I Love Lucy showing</li> <li>PM 📞 It's all right</li> <li>PM 🏆 Bowl over the competition</li> <li>PM 📞 Keep it up!</li> <li>PM 🍵 Evening tea &amp; talk</li> </ul>	<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ Gen-narrations</li> <li>PM 🎲 Prize bingo</li> <li>PM 🏆 Do you hear what I hear?</li> <li>PM 🍵 Sagebrook social hour</li> <li>PM 🍵 Evening gratitude</li> </ul>	<p><b>Happy Mardi Gras!</b></p> <ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>10:30 ♥ Music therapy w/ Taffy</li> <li>AM ★ Daily chronicle</li> <li>PM ★ Expressive design: Mardi gras masks</li> <li>PM 📞 Magnetic darts</li> <li>PM ★ Poet's corner</li> <li>3:00 ★ Culinary creations: festive fruit kabobs</li> <li>PM 🎲 Tic-tac-toss</li> <li>PM 🎵 Musical wind down</li> </ul>	<ul style="list-style-type: none"> <li>10:00 ♥ Yoga w/ Robin</li> <li>AM 📞 Mental wake-up call</li> <li>PM ♥ Daily chronicle</li> <li>PM ★ Gen-narrations</li> <li>PM 📖 Short story: an unlikely alpine reunion</li> <li>PM 🏆 Motor skill mania</li> <li>3:00 🍵 Beverage social</li> <li>PM 📖 Short stories</li> </ul>	<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ Expressive design: color me calm</li> <li>1:30 ♥ Massage therapy w/ Aida</li> <li>PM 📞 Games galore</li> <li>PM 📞 Raise the curtain</li> <li>PM 🎲 LCR</li> <li>PM 🧘 Meditating to music</li> </ul>	<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ Expressive design: I-spy bottle creation &amp; play</li> <li>PM 📷 Ambient scenes screening</li> <li>PM 📞 Let's play cards!</li> <li>PM 🎵 Sing along</li> <li>PM 📖 Short stories</li> </ul>	<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ Gen-narrations</li> <li>PM 📞 It's all right</li> <li>PM ★ Expressive design: St. Paddy's day door hanger</li> <li>PM 🎲 Prize bingo</li> <li>PM 🍿 Movie &amp; popcorn</li> </ul>
<p><b>Daylight savings time begins</b> 10</p> <ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ I Love Lucy showing</li> <li>PM 📞 It's all right</li> <li>PM 🏆 Bowl over the competition</li> <li>PM 📞 Keep it up!</li> <li>PM 🍵 Evening tea &amp; talk</li> </ul>	<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ Gen-narrations</li> <li>PM 🎲 Prize bingo</li> <li>PM 🏆 Afternoon adventure</li> <li>PM 🍵 Sagebrook social hour</li> <li>PM 🍵 Evening gratitude</li> </ul>	<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>10:30 ♥ Music therapy w/ Taffy</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ Expressive design: DIY play dough</li> <li>2:00 ★ Culinary creations: mini pizzas</li> <li>PM 📞 Connect-the-dots guessing game</li> <li>PM 📞 Magnetic darts</li> <li>PM 🎲 Tic-tac-toss</li> <li>PM 🎵 Musical wind down</li> </ul>	<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ Gen-narrations</li> <li>PM 📞 OneDay app: leave your legacy</li> <li>PM 🏆 Motor skill mania</li> <li>3:00 🍵 Beverage social</li> <li>PM 📖 Short stories</li> </ul>	<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ Expressive design: color me calm</li> <li>PM 📞 Games galore</li> <li>PM 📞 Reminiscing with the senses: remember the luck of the Irish</li> <li>PM 🎲 LCR</li> <li>PM 🧘 Meditating to music</li> </ul>	<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ Expressive design: I-spy bottle creation &amp; play</li> <li>PM 📷 Ambient scenes screening</li> <li>PM 📞 Let's play cards!</li> <li>PM 🎵 Sing along</li> <li>PM 📖 Short stories</li> </ul>	<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ Gen-narrations</li> <li>PM 📞 It's all right</li> <li>PM ★ Expressive design: shamrock pin</li> <li>PM 🎲 Prize bingo</li> <li>PM 🍿 Movie &amp; popcorn</li> </ul>
<p><b>Happy St. Patrick's Day!</b> 17</p> <ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>12:00 🍀 Clover all over party!</li> <li>PM ★ Color me calm</li> <li>PM 📞 Keep it up!</li> <li>2:30 🏆 Visit from the Irish dance club</li> <li>PM 🎵 Sing along to Irish tunes</li> <li>PM 🍵 Evening tea &amp; talk</li> </ul>	<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ Gen-narrations</li> <li>PM 🎲 Prize bingo</li> <li>PM 🏆 Do you hear what I hear?</li> <li>PM 🍵 Sagebrook social hour</li> <li>PM 🍵 Evening gratitude</li> </ul>	<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ Expressive design: Swiss paper cutting</li> <li>2:00 ★ Culinary creations: chocolate croissants</li> <li>PM 📞 Magnetic darts</li> <li>PM ★ Poet's corner</li> <li>PM 🎲 Tic-tac-toss</li> <li>PM 🎵 Musical wind down</li> </ul>	<ul style="list-style-type: none"> <li>10:00 ♥ Yoga w/ Robin</li> <li>AM 📞 Mental wake-up call</li> <li>PM ♥ Daily chronicle</li> <li>PM ★ Gen-narrations</li> <li>PM 📞 OneDay app: leave your legacy</li> <li>PM 🏆 Motor skill mania</li> <li>3:00 🍵 Tea social w/ chocolate croissants</li> <li>PM 📖 Short stories</li> </ul>	<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ Expressive design: color me calm</li> <li>2:00 ★ Culinary creations: strawberry cake</li> <li>PM 📞 Games galore</li> <li>PM 📞 Raise the curtain</li> <li>PM 🎲 LCR</li> <li>PM 🧘 Meditating to music</li> </ul>	<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ Expressive design: color me calm</li> <li>PM 📷 Ambient scenes screening</li> <li>PM 📞 Let's play cards!</li> <li>PM 🎵 Sing along</li> <li>PM 📖 Short stories</li> </ul>	<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ Gen-narrations</li> <li>PM 📞 It's all right</li> <li>PM ★ Expressive design: watercolor weave pt. 1</li> <li>PM 🎲 Prize bingo</li> <li>PM 🍿 Movie &amp; popcorn</li> </ul>
<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ I Love Lucy showing</li> <li>PM 📞 It's all right</li> <li>PM 🏆 Bowl over the competition</li> <li>PM 📞 Keep it up!</li> <li>PM 🍵 Evening tea &amp; talk</li> </ul>	<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ Gen-narrations</li> <li>PM 🎲 Prize bingo</li> <li>PM 🏆 Afternoon adventure</li> <li>PM 🍵 Sagebrook social hour</li> <li>PM 🍵 Evening gratitude</li> </ul>	<p><b>Candlelight dinner</b></p> <ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ Expressive design: watercolor weave pt. 2</li> <li>PM 📞 Connect the dots guessing game</li> <li>PM 📞 Magnetic darts</li> <li>3:00 ★ Culinary creations: create your own nachos</li> <li>PM 🎲 Tic-tac-toss</li> <li>PM 🎵 Musical wind down</li> </ul>	<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ Gen-narrations</li> <li>PM 🍵 Sagebrook inspires cookie baking</li> <li>PM 🏆 Motor skill mania</li> <li>3:00 🍵 Beverage social</li> <li>PM 📖 Short stories</li> </ul>	<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>10:30 ★ Story telling &amp; harp w/ Mary</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ Expressive design: color me calm</li> <li>PM 📞 Games galore</li> <li>PM 📞 Reminiscing with the senses: a day in the snow</li> <li>PM 🎲 LCR</li> <li>PM 🧘 Meditating to music</li> </ul>	<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ Expressive design: watercolor weave pt. 3</li> <li>PM 📷 Ambient scenes screening</li> <li>PM 📞 Let's play cards!</li> <li>PM 🎵 Sing along</li> <li>PM 📖 Short stories</li> </ul>	<ul style="list-style-type: none"> <li>AM ♥ Exercise</li> <li>AM 📞 Mental wake-up call</li> <li>AM ♥ Daily chronicle</li> <li>PM ★ Gen-narrations</li> <li>PM 📞 It's all right</li> <li>PM ★ Expressive design: color changing silly putty</li> <li>PM 🎲 Prize bingo</li> <li>PM 🍿 Movie &amp; popcorn</li> </ul>

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